

FRESHLY SQUEEZED ORANGE JUICE, GRAPEFRUIT JUICE, PRESSED APPLE JUICE, CRANBERRY JUICE, INVERLODGE HEALTH DRINK

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PORRIDGE WITH MILK, CREAM, HONEY OR A DRAM OF WHISKY

FRESH YOGHURT WITH CINNAMON SPICED APRICOTS, AGEN PRUNES WITH EARL GREY OR POACHED PEARS AND VANILLA

HOMEMADE MUESLI; SPECIAL K; CRUNCHY NUT, BRANFLAKES, CORNFLAKES

A PLATE OF FRESH FRUIT

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FULL SCOTTISH BREAKFAST... BACON, SAUSAGE, TOMATO, MUSHROOMS, BUCCLEUCH BLACK PUDDING, HAGGIS WITH FREE RANGE EGGS COOKED TO YOUR LIKING:

FRIED, POACHED OR SCRAMBLED

ACHILITIBUIE ORGANIC SMOKED SALMON WITH FREE RANGE SCRAMBLED EGGS

ACHILTIBUIE KIPPERS WITH LEMON BUTTER

EGGS BENEDICT

OMELETTE 'ARNOLD BENNET'

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ALL SERVED WITH: CROISSANTS AND PAIN AU CHOCOLAT WHITE OR WHOLEMEAL TOAST

FILTER OR DECAFFEINATED COFFEE
TEA WITH MILK OR LEMON OR VARIOUS INFUSIONS
HOT CHOCOLATE